Starting in 2022, there will be three options provided by Living Buddhism to be used as study material during our monthly discussion meetings. The three options are:

**Option 1**: Presentation on a Buddhist term (the full script and PowerPoint can be found at [https://www.sgi-usa.org/monthly-downloads/](https://www.sgi-usa.org/monthly-downloads/)).

**Option 2**: Ikeda Sensei’s guidance on a Buddhist concept.

**Option 3**: Study material on a passage from Nichiren Daishonin’s writings.

Districts can choose one of these topics to discuss during the discussion meetings.

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**JANUARY DISCUSSION TOPIC OPTIONS**

**Option 1**: The Unity of Many in Body, One in Mind (also available online)

**Option 2**: Treasures of the Heart

**Option 3**: Winter Always Turns to Spring

All three topics can be found in the January 2022 Living Buddhism, pp. 36–39.

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**LANGUAGE SUPPLEMENTS**

The presentation and script will be translated into the following languages each month: Chinese, Japanese, Korean and Spanish. You can select the language here: [https://www.sgi-usa.org/monthly-downloads/](https://www.sgi-usa.org/monthly-downloads/)