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“THE BUDDHISM OF THE SUN: ILLUMINATING THE WORLD” [53]

**TOWARD A CENTURY OF HEALTH: THE WISDOM FOR LEADING A LONG LIFE OF FORTUNE AND BENEFIT
PART 1**

Those Battling Illness Will Attain Buddhahood—
Defeating the Devil of Illness With the Lion’s Roar of Nam-myoho-renge-kyo

POINTS TO KEEP IN MIND REGARDING BUDDHIST STUDY IN THE SGI

1. Our understanding of Nichiren Buddhism has deepened significantly since the 1991 priesthood issue—culminating in doctrinal clarifications in 2014. What Nichiren Shoshu teaches is completely different from the teachings of Nichiren Daishonin, the foundation of SGI study.
2. SGI’s practice of Nichiren Buddhism is a “living” religion with a “living” philosophy, meaning that the application of the unchanging principles of Buddhism is always adapting to changing times and circumstances.
3. Even for longtime members, it is important to continue studying current materials. Our mentor’s explanations of Nichiren’s writings in his monthly lectures represent this “living” Buddhism.

GOALS FOR PRESENTERS

1. Let’s learn together: This is the recommended approach for presenting Ikeda Sensei’s lectures. Rather than lecturing on his lectures, the goal of the monthly presentations is to study the material together with fellow members. With this in mind, presenters should aim to read the material several times and share 2 or 3 key points that inspire them, rather than attempting to cover every point.
2. Let’s unite with the heart of our mentor: Sensei strives to encourage members through his lectures, just as Nichiren did through his writings. Let’s strive to convey this spirit as we study with fellow members and apply these teachings in our daily lives, efforts in society and advancement of kosen-rufu.

BASIC POINTS FOR PRESENTING “THE BUDDHISM OF THE SUN” LECTURES

- ⇒ Read the full lecture several times.
- ⇒ Read the footnotes, as they often provide additional background information. (LB, p. 59)
- ⇒ Chant abundant daimoku before your presentation to grasp and convey Sensei’s heart.
- ⇒ During the presentation, have someone read aloud key Goshō excerpts and your selected passages from the lecture. Ensure the reader has the opportunity to prepare well ahead of time.
- ⇒ Encourage participants to also read the lecture and find their own points of inspiration.

ADDITIONAL RESOURCES

-  Toward a Century of Life
 - *Planetary Citizenship*, p. 6 & pp. 8–12
 - *On Being Human*, pp. 179–181
 - 2001 Peace Proposal, pp. 11–12
www.daisakuikeda.org/main/peacebuild/peace-proposals/pp2001.html
-  Criticism as “A Gathering of the Poor and Sick”
 - *The New Human Revolution*, vol. 2, pp. 12–14
-  “Illness gives rise to the resolve to attain the way.” (WND-1, 937)
 - *On Attaining Buddhahood in this Lifetime* Lecture Series, pp. 25–27
 - *Teachings for Victory*, vol. 3, pp. 87–89
- 2017 Peace Proposal, pp. 3–4
www.daisakuikeda.org/main/peacebuild/peace-proposals/pp2017.html
-  “Nam-myoho-renge-kyo is like the roar of a lion.” (WND-1, 412)
 - NHR-6, pp. 167–69
 - NHR-10, pp. 251–52
 - NHR-10, pp. 252–54
 - NHR-30, “Vow” chapter, Nov. 18, 2018, *World Tribune*, p. 5
 - “The Buddha’s preaching of the Law is called the lion’s roar, and the Lotus Sutra is the foremost roar of the lion.” (WND-1, 332)